

Cucumber Mint Water

DelFresco
Pure®

Yield: 1 gallon

Prep Time: 15 minutes

Total Time: 15 minutes

Cucumber Mint Water is delightful, cooling and refreshing on a hot summer day! Cucumbers from DelFrescoPure® are washed, thinly sliced and mixed with a handful of mint. This combination makes a fast and delicious energizer.

Ingredients:

- 1 DelFrescoPure® Seedless
Cucumber, thinly sliced
- 1 gallon of filtered water
- 12 mint leaves
- 1 lemon, thinly sliced

Directions:

1. Pour water into a glass pitcher
2. Add and stir mint, cucumbers and lemon into pitcher
3. Cover and place in refrigerator, stand for 1 hour before serving

Cooking Tips:

Cucumber Mint Water will keep for several days in the refrigerator. Try adding your own variation of flavors to create your own unique infused water. Bottoms up!

For more recipes please visit [DELFRES COPURE.COM](https://www.delfrescopure.com)

Nutrition Facts:

Serving Size: 1, Servings Per Recipe: 16, Amount Per Serving: Calories 5, Total Fat 0.1g (0% Daily Value), Saturated Fat 0.0g (0% Daily Value), Cholesterol 0mg (0% Daily Value), Sodium 8mg (0% Daily Value), Potassium 44mg (1% Daily Value), Carbohydrate 1.2g (0% Daily Value), Dietary Fiber 0.3g (1% Daily Value), Sugars 0.4g, Protein 0.2g.